



Matthew 14:22-36

FEAR, DOUBTS AND FAITH

Faith is confidence in what we hope for and assurance about what do not see.

(Hebrews 11:1)



1. Fear comes from not knowing God's presence

'Take courage! It is I. Don't be afraid.'

'Lord, if it's you,' Peter replied, 'tell me to come to you on the water.'

'Come,' he said.

Then Peter got down out of the boat, walked on the water and came towards Jesus.

1. Fear comes from not knowing God's presence
2. **Doubt and worry come from losing our focus on Jesus**

'But when he saw the wind, he was afraid.'

1. Fear comes from not knowing God's presence
2. Doubt and worry come from losing our focus on Jesus
3. **We can fight anxiety through faith in God's promises**

'... and, beginning to sink, [Peter] cried out, 'Lord, save me!'

Immediately Jesus reached out his hand and caught him.'

'You of little faith,' he said, 'why did you doubt?'

1. Fear comes from not knowing God's presence
2. Doubt and worry come from losing our focus on Jesus
3. **We can fight anxiety through faith in God's promises**

'My grace is sufficient for you, for my power is made perfect in weakness.' (2 Corinthians 12:9)

*'I will instruct you and teach you in the way you should go;
I will counsel you with my loving eye on you.'* (Psalm 32:8)

'If God is for us, who can be against us?' (Romans 8:31)

'how much more will your Father in heaven give good gifts to those who ask him!' (Matthew 7:11)

